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**Kabikankan Mukundaram  
Mahavidyalaya**



**30 Hours Add On Course**

**On**

**Understanding the Fundamental Rights  
and Duties of the Indian Constitution**

**Organized By Department of Political Science**

**Course Duration:** 30 Hours

**Course Coordinator:** Aninda Datta, Assistant Professor & Head,  
Department of Political Science

**Course Description:** This 30-hour add-on course offered by the Department of Political Science at Kabikankan Mukundaram Mahavidyalaya aims to provide students with a comprehensive understanding of the Fundamental Rights and Duties of the Indian Constitution. Through theoretical discussions, case studies and interactive sessions, students will explore the significance, scope and implications of these rights and duties in a democratic society.

## Introduction

The Fundamental rights of the Indian constitution are the basic rights provided by the constitution of India to its citizens. These rights are essential for the development of the personality of every individual. They are also needed to preserve human dignity. There are six fundamental rights that include right to equality, right to freedom, right against exploitation, right to freedom of religion, cultural and educational rights, and right to constitutional remedies. The fundamental rights are given in the article 12 – 35 of the Indian constitution. These rights help in the personality development of every citizen and protect his/her dignity. Fundamental duties are the responsibility of the Indian citizens towards the country. There are 11 fundamental duties given in article 51(A) of the constitution. Fundamental Duties are the moral responsibilities of the citizens of India to help promote a patriotic spirit and to uphold the unity of our country.

## Objectives

- Ensure the basic rights of the Indian citizens
- Protect Fundamental Rights of the Indian Constitution
- Secure the constitutional democracy in the land of India
- Be aware the Indian citizens their basic rights and duties of the Indian Constitution
- Ensure the Indian citizens abide by the Fundamental Duties of the Indian Constitution

## Course design

SL NO.	TITLE	CONTENT
1	Target student	Current under graduate students
2	Faculty requirement	Internal (Dept. of Political Science)
3	Course fee	Nil
4	Intake Capacity	Around 50
5	Course duration	30 hours
6	Date	1.03.2023-18.03.2023
7	Course Outcome	<p>On completion of this course the student will be able to</p> <ol style="list-style-type: none"><li>1. Ensure the basic rights of the Indian Constitution through adult franchise</li><li>2. As a conscious citizen, he/she protects fundamental rights of the Indian Constitution</li><li>3. Secure the constitutional democracy in the land of India</li><li>4. Be aware as an Indian citizen their basic rights and duties of the Indian Constitution</li><li>5. As an Indian citizen abides by the fundamental duties of the Indian Constitution</li></ol>
8	Assessment process and grading	<ol style="list-style-type: none"><li>i. Attendance</li><li>ii. Submission of assignment</li><li>iii. Group discussion</li><li>iv. Interactive session</li></ol>

## Course Design at a Glance

Unit	Topic	Sub Topic	Hours
<b>I</b>	<b>Introduction to Constitutional Rights (5 Hours)</b>	<b>Overview of the Indian Constitution</b>	<b>1</b>
		<b>What is Fundamental Rights</b>	<b>1.30</b>
		<b>Historical context</b>	<b>1</b>
		<b>Key amendments</b>	<b>1.30</b>
<b>II</b>	<b>Types of Fundamental Rights (5 Hours)</b>	<b>Classifications of Fundamental Rights</b>	<b>1.30</b>
		<b>Civil, political &amp; social rights</b>	<b>1.30</b>
		<b>Economic rights</b>	<b>1</b>
		<b>Judicial role</b>	<b>1</b>
<b>III</b>	<b>Specific Rights Analysis (6 Hours)</b>	<b>Right to Equality</b>	<b>1.30</b>
		<b>Right to Freedom</b>	<b>1.30</b>
		<b>Right against Exploitation &amp; Right to Freedom of Religion</b>	<b>1.30</b>
		<b>Cultural and Educational Rights, and Right to Constitutional Remedies</b>	<b>1.30</b>
<b>IV</b>	<b>Fundamental Duties (4 Hours)</b>	<b>Constitutional provisions</b>	<b>1.30</b>
		<b>Civic responsibilities</b>	<b>1.30</b>
		<b>Enforcement challenges</b>	<b>1</b>
<b>V</b>	<b>Legal Framework (4 Hours)</b>	<b>Legislative measures</b>	<b>1</b>
		<b>Role of NHRC</b>	<b>1</b>
		<b>PIL impact</b>	<b>1</b>
		<b>Constitutional amendments and its effect</b>	<b>1</b>
<b>VI</b>	<b>Practical Application (4 Hours)</b>	<b>Group discussion</b>	<b>2</b>
		<b>Interactive session</b>	<b>2</b>
<b>VII</b>	<b>Assessment &amp; Certification (2 Hours)</b>	<b>Assignment</b>	<b>1</b>
		<b>Certificate distribution</b>	<b>1</b>

### Suggested Books

1. Basu, D. D (2001) *Introduction to the Constitution of India*, Lexis Nexis: Nagpur
2. Kashyap, C. S (2021) *Our Constitution*, National Book Trust: New Delhi
3. The Legislative Department (2021) *The Constitution of India*, Government of India: New Delhi

*[Signature]* 27.02.2023

Teacher in Charge  
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*Aninda Dutta* 27.02.2023  
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